



Captain Gerald F. DeConto, USN Memorial Scholarship 5k Run & Walk 9/24/2023 Sandwich, MA

Join us in-person
or virtually!

THANK YOU TO OUR WONDERFUL SPONSORS & SUPPORTERS & VOLUNTEERS!

5k Race

The 5k starts with a brief memorial tribute at 9:00 a.m. on Sunday September 24, 2023 at Stop & Shop Plaza 65 Rt 6A in Sandwich, MA. The course is a scenic 3.1 mile route around the Sandwich Marina and beach area finishing back at the Stop & Shop Plaza. Runners and walkers are welcome. Runners will leave the starting line first with official timing by Spitler Race Systems of Pawtucket RI. Virtual option also available. See www.geralddeconto5k.com for race details. #DeContoRace2023

Beneficiary

All proceeds and donations benefit the Captain Gerald F. DeConto Memorial Scholarship Fund. Through your generosity the Captain Gerald F. DeConto Memorial Scholarship Fund supports college bound Sandwich High School seniors and helps us remember and honor Captain DeConto. We have been proudly awarding scholarships since 2002 and truly appreciate your support.

Race & Fund History

Captain DeConto, a Sandwich MA native, was killed during the 9/11 terrorist attack on the Pentagon while on duty in the Navy Command Center. At the time of the terrorist attack on the Pentagon, Captain DeConto was in direct communication with the Secretary of the Navy coordinating the Navy's response to the attacks on the World Trade Center. Captain DeConto was a dedicated Naval officer who was respected and admired by those he served for, by those he served with, and by those who served for him. He was a high-spirited, caring person who enjoyed many activities, one of which was running, and he enjoyed them most when they were shared with family and friends. His Navy career took him all over the world, but he returned home to Cape Cod whenever he could, and he spent the weekend before 9/11 in Sandwich with family and friends. The Captain Gerald F. DeConto Memorial Scholarship Fund was set up in his memory to honor him and the legacy he left behind which is one of service to his country, leadership, friendship, and love of life and family. It is his family's hope that through the scholarship fund Captain DeConto will continue to influence the lives of young people and that his memory and the ideals he believed in will live on.

Annual Captain Gerald F. DeConto, USN Memorial Scholarship 5k Run/Walk September 24, 2023

Entry Form

Last Name		First Name		Middle Initial
Mailing Address		City or Town	State	Zip Code
Date of Birth mm/dd/yyyy	Age	Female <input type="checkbox"/>	Male <input type="checkbox"/>	Participation Option In Person <input type="checkbox"/> Virtual <input type="checkbox"/>
Email Address		Shirt size S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/>		

ENTRY FEE: **In-Person Race** \$20 (eighteen and older) \$15 (under eighteen) **Virtual Race** \$15

Please make checks payable to THE CAPTAIN GERALD F. DECONTO SCHOLARSHIP FUND. If you will not be entering the Race/Walk but would like to make a donation to the Captain Gerald F. DeConto Scholarship Fund please check here .

Registration forms and checks may be mailed directly to The Captain Gerald F. DeConto Scholarship Fund, P.O. Box 824, Sandwich, MA 02563 or dropped off at one of the registration events listed below.

Registration events and t-shirt/bib number pick up:

Stop & Shop Plaza, 65 Rt. 6A Sandwich, MA on Saturday September 23, 2023; 11am to 2pm.

Prior to the race on Sunday September 24, 2023; 7:30am to 8:30am.

If you prefer to register or donate online please see www.geralddeconto5k.com for more information.

Virtual Participants: Please send an email to decontoroadrace@gmail.com if you would like to request your T-shirt by mail. Please note virtual times will be posted separately from in-person race results.

WAIVER AND RELEASE FROM LIABILITY (Must Be Signed)

I agree to assume all responsibility for all risk of damage or injury to me as a participant in this event. As consideration of being accepted as an entrant in the 2023 annual Captain Gerald F. DeConto Scholarship Fund 5k Race/Walk, I hereby, for myself, my heirs, executors, administrators, and assigns, release and waive, The Town of Sandwich, race sponsors, volunteers, agents, representatives and all other individuals associated with the race from all claims, damages, rights of actions, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I am physically fit and sufficiently trained to enter this event. I also grant permission for the use of my name and/or picture in any broadcast, photograph, or other account of this race.

Signature: _____ Date: _____
(Parent or Guardian if under 18))