



18th Annual Captain Gerald F. DeConto, USN Memorial Scholarship

5K Run-Walk

Sunday, September 22, 2019

Sandwich, MA

5K Course NOTE START LOCATION. The 5K starts with a brief memorial tribute at 9:00 a.m. on Sunday September 22, 2019 at Stop & Shop Plaza 65 Rt. 6A in Sandwich, MA. The course is a scenic 3.1 mile route around the Sandwich Marina and beach area finishing back at the Stop & Shop Plaza. Runners and walkers are welcome. Runners will leave the starting line first with official timing by Spittle Race Systems of Pawtucket RI. Results will be posted on coolrunning.com. See www.geralddeconto5k.com for more details.

Beneficiary The Captain Gerald F. DeConto Scholarship fund was started by Captain DeConto's family after he was killed in the September 11th terrorist attack on the Pentagon. A scholarship is awarded each year from the fund to a deserving Sandwich High School senior.

Captain DeConto grew up on Cape Cod where most people still refer to him simply as "Jerry". Jerry was a dedicated Naval officer who was respected and admired by those he served for, by those he served with, and by those who served for him. At the time of the terrorist attack on the Pentagon Jerry was in charge of the Navy Command Center and was in direct communication with the Secretary of the Navy coordinating the Navy's response to the attacks on the World Trade Center. Jerry was a high-spirited, caring person who truly loved life, his friends and his family. He enjoyed many activities, one of which was running, and he enjoyed them most when they were shared with family and friends. The scholarship fund was set up in his memory to honor him and the legacy he left behind which is one of service to his country, leadership, friendship and love of life and family. It is his family's hope that through the scholarship fund, Jerry will continue to influence the lives of young people and that his memory and the ideals he believed in will live on.

Awards Cash awards for overall male and female winners. Race day drawing open to the public; Kayak and more. Gold, Silver, and Bronze medals will be awarded to age categories: 12 and under | 13-15 | 16-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60-69 | 70 -79 | 80 and over

The 18th Annual Captain Gerald F. DeConto, USN, Memorial Scholarship 5K Run/Walk Sunday September 22, 2019

Entry Form

Last Name	First Name	M.I.	Date of Birth <small>(mm/dd/yyyy)</small>	Age
Mailing Address (Street or PO Box)		City or Town	State	Zip Code
Home Phone	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	T-shirt size <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL		
Email Address				

ENTRY FEE: Over 18: \$20.00; 18 and under: \$15.00 Please make checks payable to THE CAPTAIN GERALD F. DECONTO SCHOLARSHIP FUND. If you will not be entering the Race/Walk but would like to make a contribution to the Gerald F. DeConto Scholarship Fund please check here and enter the amount \$_____.

Registration forms and checks may be mailed directly to The Captain Gerald F. DeConto Scholarship Fund, P.O. Box 824, Sandwich, MA 02563. For mail-in registrations race t-shirts and bib numbers can be picked up at registration events listed below.

Forms may also be dropped off at the **registration events at the Stop & Shop Plaza, 65 Rt. 6A Sandwich, MA on Saturday September 21, 2019; 10am to 5pm, or prior to the race on Sunday September 22, 2019; 7:30am to 8:30am. Note start location is at the Stop & Shop Plaza, 65 Rt. 6A Sandwich, MA.**

Check www.geralddeconto5k.com for details on on-line registration.

WAIVER AND RELEASE FROM LIABILITY (Must Be Signed)

I agree to assume all responsibility for all risk of damage or injury to me as a participant in this event. As consideration of being accepted as an entrant in the 18th annual Gerald F. DeConto Scholarship Fund 5K Race/Walk, I hereby, for myself, my heirs, executors, administrators, and assigns, release and waive, The Town of Sandwich, race sponsors, volunteers, agents, representatives and all other individuals associated with the race from all claims, damages, rights of actions, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I am physically fit and sufficiently trained to enter this event. I also grant permission for the use of my name and or picture in any broadcast, photograph, or other account of this race.

Signature: _____ Date: _____
(Parent or Guardian if under 18))

THANKS TO OUR WONDERFUL SPONSORS & SUPPORTERS & VOLUNTEERS!